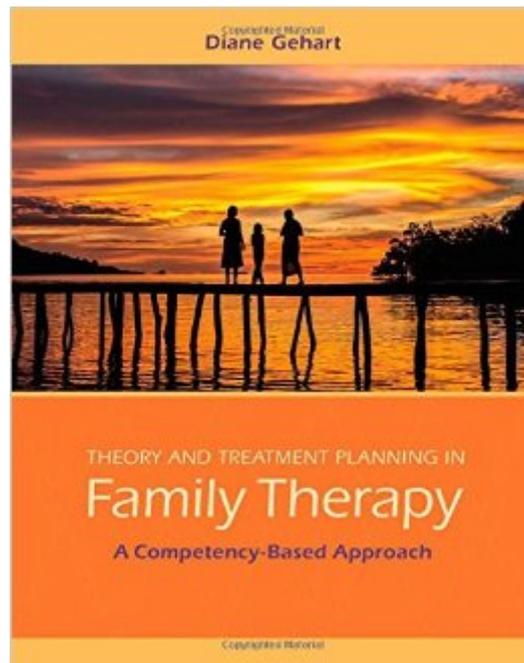


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# Theory And Treatment Planning In Family Therapy: A Competency-Based Approach



## Synopsis

THEORY AND TREATMENT PLANNING IN FAMILY THERAPY: A COMPETENCY-BASED APPROACH prepares readers for the realities of practicing therapy. This book's outcomes-based approach engages readers in an active learning process, introducing family therapy theories using theory-specific case conceptualization and treatment planning. These assignments empower readers to apply theoretical concepts and develop real-world skills as early as possible in their training. The author uses a down-to-earth style to explain concepts in clear and practical language. She also includes extensive discussions about how diversity issues and research inform contemporary practice of family therapy.

## Book Information

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## Customer Reviews

As a LMFT and Approved Supervisor (now retired), I think this is a much needed and superior text. In particular, I like the emphasis on research—the inclusion of evidence-based practice, common factors research, and evidence-based treatments material. In my opinion an outstanding text. In regard to the Kindle edition (I took advantage of, and appreciate the 7-day trial of the Kindle book), I was comfortable with the organization and navigation features, but the font size was too small for these old eyes, and unfortunately there does not appear to be a provision to change the font size in the Kindle display, as there is in other books. If the capability to change the font size could be added to this Kindle book, I think it would contribute to more sales of the Kindle edition (I know that the view can be magnified on the screen by spreading it, but this is too awkward for reading in my opinion.)

I used this textbook in a Master Degree program. The book was very easy to comprehend (which is sometimes rare at the Master's level). The text was aligned in great organized manner and the index was very helpful. Great book for class!

Very well written book outlining many family therapy theories and technique styles. The format is very easily digestible; I didn't find myself reading the same paragraph multiple times like I do with other books.

This book is amazing! I will not ruin it for anyone, but it is VERY helpful if you are training or getting ready for your license. The author, Diane Gehart, keeps you awake with her sense of humor, and she makes learning memorable.

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